

Day of Surgery Expectations:

- ▶ Please bring your brace with you to the surgery center.
- ▶ Make sure your brace is with you when you are taken into the operating room.
- ▶ If you did not receive a brace prior to surgery, you will be provided one at the surgery center.
- ▶ After surgery, you will wake up with the brace already on your surgical leg.
- ▶ A DME Representative will check your brace to make sure the fit is correct.
- ▶ You will leave with the brace on and will wear it 24/7, unless instructed otherwise by your physician.

Contact Beacon DME:

Summit Woods: 513-354-3710
Beacon West: 513-354-7799
Beacon East: 513-247-4359

Office Hours:

Monday-Friday: 8:00AM-5:00PM
Saturday: By Appointment Only

Brace Adjustment Tips:

- ▶ Do not adjust the length of the brace frame bars.
- ▶ Do not change the range of motion dial settings on the hinge.

How to Remove Your Brace:

1. Pull the silver tab on the thigh pad to release velcro and loosen the thigh straps, then unclip the silver buckle from frame.
2. Unvelcro the drawstring handle and loosen the waist, then unvelcro the main waist band.

How to Care for Your Brace:

- ▶ Pads can be removed from brace and should be hand washed only with a mild detergent.
- ▶ Pads should be air dried only.
- ▶ Do not place any part of the brace in a washing machine.
- ▶ The brace's frame can be spot cleaned with Lysol or Clorox wipes.



T-SCOPE HIP BRACE



BEACON
Orthopaedics & Sports Medicine
DME SERVICES

BREG T-SCOPE HIP BRACE INSTRUCTIONS

The brace needs to be worn at all times immediately following surgery. For the first 24-48 hours, you may not remove the brace for any reason, unless instructed otherwise by your physician.

After your first dressing change, the brace may come off only to shower/bathe, and must be put back on immediately after.

If you are ever uncertain about when it is appropriate to take the brace off, do not hesitate to contact your physician.



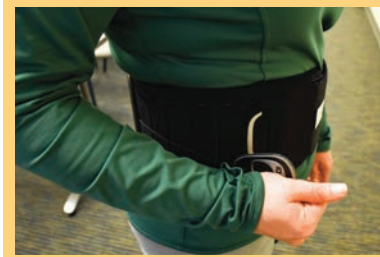
Front View of Breg T-Scope Hip Brace

HOW TO PUT ON YOUR BRACE

1. Make sure the dial is aligned with the widest part of your hip.



2. Secure the waist strap around your waist, pull taught and secure the velcro to the front of the brace. Tighten the brace by pulling the drawstring handle forward and reattaching.



HOW TO PUT ON YOUR BRACE CONT.

3. Secure the lower thigh pad by bringing it around the front of the thigh and securing the silver buckle to the brace. Clipping in this pad will secure both thigh straps.



4. Tighten the straps by releasing the silver tab from the velcro on the front of the brace, pulling the strap to desired tightness, then securing back to the velcro.



If you ever feel uncomfortable adjusting the brace on your own, please stop by our DME office anytime during regular business hours for assistance.

No appointment needed Mon-Fri.

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