

Day of Surgery Expectations:

- ▶ Please bring your brace with you to the surgery center.
- ▶ Make sure your brace is with you when you are taken into the operating room.
- ▶ If you did not receive a brace prior to surgery, you will be provided one at the surgery center.
- ▶ After surgery, you will wake up with the brace already on your surgical leg.
- ▶ A DME Representative will check your brace to make sure the fit is correct.
- ▶ You will leave with the brace on and will wear it 24/7, unless instructed otherwise by your physician.

Contact Beacon DME:

Summit Woods: 513-354-3710
Beacon West: 513-354-7799
Beacon East: 513-247-4359

Office Hours:

Monday-Friday: 8:00AM-5:00PM
Saturday: By Appointment Only

How to Remove Your Brace:

1. Unclip the waist strap by the underarm pillow.
2. Unclip the shoulder strap at the front of the sling.
3. Slide the uninjured side arm out of the double shoulder straps.
4. Slide injured side arm back and up out of the sling.

How to Care for Your Brace:

- ▶ The underarm pillow and all other hard surfaces can be wiped down with Lysol or Clorox wipes.
- ▶ The sling should be hand washed only with a mild detergent.
- ▶ The sling should be air dried only.
- ▶ Do not place any part of the brace in a washing machine.



SLINGSHOT 3
SHOULDER BRACE



BEACON
Orthopaedics & Sports Medicine
DME SERVICES

BREG SLINGSHOT 3 SHOULDER BRACE INSTRUCTIONS

The brace needs to be worn at all times immediately following surgery. For the first 24-48 hours, you may not remove the brace for any reason, unless instructed otherwise by your physician.

After your first dressing change, the brace may come off only to shower/bathe, and must be put back on immediately after.

If you are ever uncertain about when it is appropriate to take the brace off, do not hesitate to contact your physician.



Side View
of Breg
SlingShot 3
Shoulder
Brace

HOW TO PUT ON YOUR BRACE

1. Insert your injured arm into the sling hand first. Make sure your elbow is all the way back against the brace.



2. Slide your un-injured arm through the double shoulder straps like you are putting on a backpack. The thicker strap should rest on top of the shoulder and the thinner underneath the arm.



3. Clip the thicker, over the shoulder strap to the front buckle that is connected to the sling.



HOW TO PUT ON YOUR BRACE CONT.

4. Fasten the thinner waist strap to the front clip attached to the underarm pillow.



5. If the brace feels loose around the elbow, tighten the elbow strap by releasing the velcro, pulling and re-attaching the velcro.



If you ever feel uncomfortable adjusting the brace on your own, please stop by our DME office anytime during regular business hours for assistance.

No appointment needed Mon-Fri.

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Saturday: By Appointment Only