

# Bridge the gap between Recovery and Game Play



*Beacon's Bridge Program* is a post-therapy program designed to help athletes transition between injury recovery & return to play.

*Qualifying Participants* have completed formal physical therapy, received clearance by their physical therapist & physician to advance into the Bridge Program.

*Physical Therapy Focuses On* basic medical necessity for patients to re-gain function of their body post treatment or surgery.

*The Bridge Program Focuses On* using functional analysis to determine the best exercises that will return athletes to their advanced performance level.



## Bridge Program is offered at:

Beacon Summit Woods  
500 E Business Way  
Sharonville, OH 45241

## Contact Information:

Robert Mowery, PT, DPT  
Email: [RMOWERY@beaconortho.com](mailto:RMOWERY@beaconortho.com)  
Phone: 513-530-3021

## Schedule Information:

Monday & Wednesday  
Evenings Only  
(Contact for Times)

Connect with us  
@beaconortho:



Learn more about Beacon's variety of services  
by visiting: [www.BeaconOrtho.com](http://www.BeaconOrtho.com)

Our experts are there  
Every Step of the Way



**Robert Mowery, PT, DPT**

Rob earned his B.S. in exercise physiology from Ohio University in 2012 and graduated from the University of Cincinnati's Doctor of Physical Therapy program in 2015. He's been a member of Beacon's physical therapy team since 2016 and provides exceptional care to his patients. His specialties include orthopedic and sports medicine rehabilitation with a focus on returning athletes to play, and injury prevention. Rob has experience working with high school up to professional athletes in sports such as football, soccer, rugby and basketball.

**Payment Information/Packages:**

- » Evaluation/Drop-In/Single Session: \$32
- » Four Sessions In Advance: \$120
- » Eight Sessions in Advance: \$224
- » Twelve Sessions in Advance: \$312

» *Insurance only covers standard physical therapy, this program is considered sports training beyond physical therapy.*  
» *The total number of sessions needed varies based on the injury and athlete's progress.*

**Sign up for the Bridge Program today to...**

- » Decrease your risk of re-injury after returning to play
- » Own trackable data that illustrates improvement over time
- » Return to athletics safely and confidently

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