

Dear Patient,

Welcome to Beacon Orthopaedics and Sports Medicine! Your appointment is confirmed for _____ at _____ am/pm with Dr. _____.

Please complete the enclosed registration and history forms. Please bring the completed forms with you to your appointment. If you have had any x-rays taken or other testing done prior to your visit, please bring those as well.

We also require a picture ID and insurance cards at the time of your appointment. If your insurance carrier requires a referral, please contact your primary care physician immediately. We need to receive the referral authorization prior to your visit.

If this is a work related injury, we will require the following information:

- Employer's name, phone number, and contact person
- First Report of Injury
- Name and address of MCO
- Claim Number
- Date of Injury

Please refer to the highlighted address on the left side of this letter for the location of your office visit.

We look forward to serving you.

Dear Patient,

The following are important steps that must be taken to help us address your clinical concerns in the most comprehensive and efficient manner possible.

1. **Registration:** You should have already completed the registration process when you scheduled your appointment. If you have made any changes such as address, phone number, etc., or need to cancel or change your appointment, please call (513) 346-1500 option 2.
2. **Questionnaire:** We have found it most helpful to have an orderly, written depiction of our patient's complaints, testing, and other related medical conditions prior to initiating our evaluations. Please complete the enclosed questionnaire and bring it with you on the day of your appointment. Failure to do so will result in your appointment being rescheduled.
3. **Prior Testing:** For your evaluation to be complete, it is necessary for you to bring all prior testing pertaining to the problems for which you are being seen. This includes the *ACTUAL* films or CD of the images, as well as written reports and any other testing information associated with your current clinical concern.
4. **Insurance:** Some insurance plans require a referral from your primary care doctor. It is your responsibility to obtain this referral, if required, or to assume responsibility for services that may not be paid without such a referral. You must also sign the "Patient Consent and Financial Responsibility" form outlining our financial policies. **Pain Medication:** In most cases, we ask that your family doctor or current prescribing physician continue to manage your medication needs unless it is determined that you are in need of surgical intervention. In that instance, medication management may be temporarily assumed by the surgeon handling your case. In the event that pain medication is managed in this office, you will be required to sign a "Chronic Pain Medication Treatment Agreement".

Thank you for taking the time to comply with the above requests.

As a reminder please bring:

Co-pay (if required by your insurance company)

Driver's License

Insurance Card

Completed New Patient Packet

A list of all medications you are currently taking

ALL PRIOR OFFICE NOTES

ALL PRIOR TESTS

ALL PRIOR LABS

ALL IMAGING REPORTS AND IMAGES ON CD. (Ex. MRI, CT, Discogram)

All of the above items must be presents at your appointment. Failure to do so will result in your appointment being rescheduled.

Your appointment with Dr. Borden Stephanie Sobol, CNP

is on _____ at _____ am / pm at

Anderson - Five Mile, 7794 Five Mile Road, Cincinnati, Ohio 45230

Kenwood, 8311 Montgomery Road, Cincinnati, Ohio 45236

Liberty, 8020 Liberty Way, West Chester, Ohio 45069

Montgomery, 8099 Cornell Road, Suite 100, Cincinnati, Ohio 45249

Patient Name: _____ Date of Birth: _____

Gender: MALE FEMALE Are you RIGHT HANDED LEFT HANDED

Address: _____

Home Phone: _____ Cell: _____ Work: _____

Referring Physician Name: _____

Address: _____

Phone Number: _____

Primary Care Physician Name: _____

Address: _____

Phone Number: _____

HISTORY OF ILLNESS / REASON FOR OFFICE VISIT

Describe the symptoms you are experiencing _____

How did your symptoms begin? _____

The symptoms started on (give specific date, if known) _____

Since your symptoms began, they have gotten Better Worse No Change

Name any other physicians who have treated you for this problem:

PHYSICIAN'S NAME TYPE OF PHYSICIAN MONTH/YEAR

1) _____

2) _____

3) _____

HAVE YOU HAD ANY OF THE FOLLOWING TREATMENT(S) FOR THIS ILLNESS OR INJURY?

(CHECK ALL THAT APPLY)

- NONE TRACTION EPIDURAL STEROID INJECTION ICE
- CHIROPRACTIC MANIPULATION ULTRASOUND HOT PACKS
- ELECTRICAL STIMULATION PAIN MANAGEMENT PHYSICIAN
- PHYSICAL THERAPY FOR THIS CONDITION?

If yes, where and when (MONTH/YEAR) _____

MEDICATION

What medications have or are you taking now for this condition? _____

Patient Name: _____

DATE OF BIRTH: _____

DIAGNOSTIC TESTS

Have you had any of the following diagnostic tests for the illness or injury?

HAVE YOU HAD ANY OF THE FOLLOWING DIAGNOSTIC TESTS FOR THIS ILLNESS OR INJURY?

	Where was the test done	Dates
<input type="checkbox"/> PLAIN SPINE X-RAYS	_____	_____
<input type="checkbox"/> MRI SCAN	_____	_____
<input type="checkbox"/> CT SCAN	_____	_____
<input type="checkbox"/> MYELOGRAM/CT SCAN	_____	_____
<input type="checkbox"/> EMG/NERVE CONDUCTION	_____	_____
<input type="checkbox"/> BONE SCAN	_____	_____
<input type="checkbox"/> OTHER	_____	_____

MEDICAL HISTORY OF PATIENT

HAVE YOU EVER BEEN DIAGNOSED WITH?

- | | | |
|---|--|---|
| <input type="checkbox"/> DIABETES | CONTROLLED BY: <input type="checkbox"/> INSULIN <input type="checkbox"/> DIET <input type="checkbox"/> ORAL AGENTS | <input type="checkbox"/> BLOOD CLOTS |
| <input type="checkbox"/> HYPERTENSION | <input type="checkbox"/> GOUT | <input type="checkbox"/> ASTHMA |
| <input type="checkbox"/> HEART DISEASE | <input type="checkbox"/> HEART ATTACK (MI) | <input type="checkbox"/> ANGINA (CHEST PAIN) |
| <input type="checkbox"/> STROKE | <input type="checkbox"/> SEIZURES/CONVULSIONS | <input type="checkbox"/> THYROID PROBLEMS |
| <input type="checkbox"/> TUBERCULOSIS | <input type="checkbox"/> DEPRESSION | <input type="checkbox"/> ANXIETY |
| <input type="checkbox"/> ACUTE INFECTION | <input type="checkbox"/> EMPHYSEMA/COPD | <input type="checkbox"/> HIV/AIDS |
| <input type="checkbox"/> ARTHRITIS | <input type="checkbox"/> REFLUX DISEASE (GERD) | <input type="checkbox"/> VENEREAL DISEASE |
| <input type="checkbox"/> HEREDITARY DEFECTS | <input type="checkbox"/> BLEEDING TENDENCY | <input type="checkbox"/> CONGESTIVE HEART FAILURE |
| <input type="checkbox"/> CANCER (TYPE & TREATMENT) _____ | | |
| <input type="checkbox"/> HISTORY OF HEART ATTACK OR HEART DISEASE _____ | | |
| IF YES, CARDIOLOGIST NAME PHONE ADDRESS _____ | | |
| <input type="checkbox"/> OTHER _____ | | |

SURGICAL HISTORY - List all types of surgery and the year you had the surgery.

MEDICATION HISTORY

LIST ALL YOUR MEDICATION(S) (PRESCRIPTION, OVER-THE-COUNTER, HERBAL)
 NAME AMOUNT NUMBER PER DAY NAME AMOUNT NUMBER PER DAY

_____	_____
_____	_____
_____	_____
_____	_____

DO YOU TAKE BLOOD THINNERS? ASPIRIN COUMADIN PLAVIX OTHER

DO YOU HAVE ANY ALLERGIES?

- | | | | | |
|-----------------------------------|---------------------------------------|---------------------------------|----------------------------------|------------------------------------|
| <input type="checkbox"/> NO KNOWN | <input type="checkbox"/> PENICILLIN | <input type="checkbox"/> SULFA | <input type="checkbox"/> DEMEROL | <input type="checkbox"/> MORPHINE |
| <input type="checkbox"/> LATEX | <input type="checkbox"/> CONTRAST DYE | <input type="checkbox"/> IODINE | <input type="checkbox"/> TAPE | <input type="checkbox"/> SHELLFISH |

OTHER _____

Patient Name: _____ DATE OF BIRTH: _____

HAVE YOU BEEN TREATED FOR BLOOD CLOTS? YES NO

HAVE YOU BEEN TREATED FOR EXCESSIVE BLEEDING? YES NO

HAVE YOU EVER HAD A BLOOD TRANSFUSION? YES NO

IS THERE ANY REASON YOU CANNOT RECEIVE A BLOOD TRANSFUSION? YES NO
IF YES, EXPLAIN _____

HAVE YOU EVER BEEN SERIOUSLY INJURED? YES NO INJURY DATE ____ / ____ / ____
IF YES, EXPLAIN _____

HAVE YOU BEEN HOSPITALIZED IN THE PAST YEAR? YES NO
IF YES, EXPLAIN _____

HAVE YOU EVER HAD AN INFECTION CALLED MRSA? YES NO
IF YES, WAS IT TREATED WITH ANTIBIOTICS? _____

FAMILY MEDICAL HISTORY

HAVE YOUR PARENTS OR SIBLINGS (BROTHERS/SISTERS) EVER BEEN DIAGNOSED WITH?

- HEART DISEASE DIABETES STROKE
- CANCER KIDNEY DISEASE DEPRESSION
- HIGH BLOOD PRESSURE BRAIN TUMOR ANEURYSM
- LUNG PROBLEMS MULTIPLE SCLEROSIS PARKINSON'S DISEASE
- ALZHEIMER'S/MEMORY PROBLEMS OTHER _____

MOTHER: LIVING DECEASED AGE _____ CAUSE OF DEATH _____
 FATHER: LIVING DECEASED AGE _____ CAUSE OF DEATH _____
 SIBLING(S): # ALIVE # DECEASED AGE(S) CAUSE OF DEATH _____

SOCIAL HISTORY

MARITAL STATUS SINGLE MARRIED SEPARATED DIVORCED WIDOWED

DO YOU LIVE ALONE? YES NO

DO YOU HAVE ANY CHILDREN? YES NO
IF YES, LIST THE AGE(S) AND IF THEY LIVE AT YOUR HOME _____

DO YOU NOW USE ANY TOBACCO PRODUCTS? YES NO
IF YES, SPECIFY CIGARETTES SNUFF TOBACCO CIGARS PIPE
HOW MUCH /DAY _____ FOR HOW MANY YEARS? _____

DID YOU USE ANY TOBACCO PRODUCTS IN THE PAST? YES NO
IF YES, FOR HOW LONG _____ HOW MUCH/DAY _____ WHEN DID YOU QUIT? _____

DO YOU DRINK ALCOHOL?
 YES NEVER NOT CURRENTLY, BUT USED TO DRINK _____ DRINKS A WEEK
IF YES, SPECIFY BEER WINE LIQUOR AMOUNT PER WEEK
FOR HOW MANY YEARS? _____ WHEN DID YOU QUIT? _____

DO YOU USE ANY RECREATIONAL DRUGS? YES NO
IF YES, SPECIFY MARIJUANA COCAINE/CRACK SPEED HALLUCINOGENS NARCOTICS
FOR HOW MANY YEARS? _____ WHEN DID YOU QUIT? _____ DATE LAST USED _____

Patient Name: _____ DATE OF BIRTH: _____

WORK HISTORY

HIGHEST LEVEL OF EDUCATION: GRADE SCHOOL HIGH SCHOOL COLLEGE POST GRADUATE

WORK STATUS: EMPLOYED UNEMPLOYED DISABLED RETIRED

DO YOU WORK OUTSIDE THE HOME? YES NO

EMPLOYER _____ LENGTH OF EMPLOYMENT _____

JOB TITLE _____ HOW LONG HAVE YOU PERFORMED THIS JOB? _____

DID A PHYSICIAN PLACE YOU OFF WORK? YES NO

IF NO, ARE YOU CURRENTLY WORKING WITH THESE SYMPTOMS? YES NO

IF YES, WHEN DID YOU STOP WORKING? _____

DOES YOUR JOB REQUIRE YOU TO PERFORM THE FOLLOWING ACTIVITIES?

- LIFT SIT USE A COMPUTER
- BEND STAND LIFT OR REACH OVER HEAD

DOES YOUR JOB REQUIRE HEAVY LIFTING? YES NO

IF YES, WHAT IS THE MAXIMUM WEIGHT? _____ LBS. _____/HR., _____/DAY

SIGNATURE OF PATIENT: _____

SIGNATURE OF PERSON FILLING OUT FORM: _____
(IF OTHER THAN PATIENT)

Patient Name: _____

DATE OF BIRTH: _____

REVIEW OF SYSTEMS

Check all Positive symptoms

General-

- Weight loss or gain
- Fatigue
- Fever or chills
- General Weakness
- Trouble sleeping

Skin-

- Rashes
- Lumps
- Itching
- Dryness
- Color changes

Head-

- Headache
- Head injury

Eyes-

- Vision Loss
- Blurry or double vision
- Flashing lights

Ears-

- Decreased hearing
- Ringing in ears
- Earache
- Drainage

Nose-

- Stuffiness
- Itching
- Hay fever
- Nosebleeds
- Sinus pain

Throat-

- Dry mouth
- Sore throat
- Hoarseness
- Thrush
- Non-healing sores

Musculoskeletal-

- Muscle pain
- Joint pain
- Stiffness
- Back pain
- Redness of joints
- Swelling of joints

Neck-

- Pain
- Stiffness
- Lumps
- Swollen glands

Respiratory-

- Cough
- Coughing up blood
- Shortness of breath
- Wheezing
- Painful breathing

Cardiovascular-

- Chest pain or discomfort
- Chest Tightness
- Palpations
- Shortness of breath with activity
- Difficulty breathing lying down
- Leg Swelling
- Sudden awaking from sleep with shortness of breath

Gastrointestinal-

- Swallowing difficulties
- Heartburn
- Change in appetite
- Nausea
- Change in bowel habits
- Rectal bleeding
- Constipation
- Diarrhea
- Yellow eyes or skin

Negative Response to All Symptoms

Neurologic-

- Dizziness
- Fainting
- Seizures
- Weakness
- Numbness or tingling hands or arms
- Numbness or tingling feet or legs
- Tremor

Vascular-

- Calf pain with walking
- Leg cramping

Hematologic-

- Ease of bruising
- Ease of bleeding

Endocrine-

- Heat or cold intolerance
- Sweating
- Frequent urination
- Thirst
- Change in appetite

Urinary-

- Frequency
- Urgency
- Burning or pain
- Blood in urine
- Incontinence

Psychiatric-

- Nervousness
- Stress
- Depression
- Memory loss
- Panic Attacks
- Insomnia
- Bipolar

Date: _____

Physician Signature: _____

Patient Name: _____

DATE OF BIRTH: _____

SPINE QUESTIONNAIRE

List ALL symptoms for why you are here (Reason for Visit): Pain Numbness/Tingling Muscle Weakness OTHER

How did the symptoms BEGIN?

- Spontaneously with no known cause
- As a result of an AUTOMOBILE accident - Date of Auto Accident: ____/____/____
- As a result of an injury at WORK - Date of Injury: ____/____/____
- As a result of an injury outside of work

My pain is located in my:

- Neck Low back Mid--Back Other: _____

Rate your pain: Use this PAIN SCALE of 0 to 10 (0=NO PAIN AND 10=WORST POSSIBLE PAIN) for each affected area:

Neck ____/10 Low Back ____/10 Mid--Back ____/10 Other affected areas: ____/10

If you have NECK and/or ARM pain: What percentage of the pain is in your NECK? _____%
 What percentage of the pain is in your ARM(s) + _____%
 Total Arm/Neck Pain: ____100__% (should be 100%)

If you have BACK and/or LEG pain: What percentage of the pain is in your BACK? _____%
 What percentage of the pain is in your LEG(s) + _____%
 Total Back/Leg Pain: __100__% (should be 100%)

The PAIN is: Constant Intermittent

The PAIN is described as: Sharp/Stabbing Dull/Aching Burning Throbbing

The symptoms IMPROVE with: Standing Walking Sitting Lying Down
 The symptoms GET WORSE with: Standing Walking Sitting Lying Down Bending
 Bowel Movements Sneezing General Activity

Since your condition started, have you experienced any bladder dysfunction? Yes No

How long can you stand with NO or MINIMAL PAIN? _____ Minutes No problem standing for long periods of time.

What distance can your walk with NO or MINIMAL PAIN?
 up to 1 block 2--3 blocks 6 blocks No Limit

Do you need SUPPORT to help you walk? YES NO
 If yes, specify:
 Use a WHEELCHAIR Use a WALKER Uses a CANE
 Must rely on some PERSON or FURNITURE for support to walk

Do you wear a NECK or BACK brace?
 If yes, Neck Brace Back Brace

How long have you worn the brace?
 ____ Days ____ Weeks ____ Months ____ Years
 Please check mark the pictures with all symptoms that apply by using the following letters on the picture:

- P = Pain
- N = Numbness/Tingling
- W = Weakness
- R = Radiates (moves from main are into other areas of the body)

