## Bridge the gap between Recovery and Game Play

*Beacon's Bridge Program* is a post-therapy program designed to provide a transition between injury recovery & return to play.

*Qualifying Participants* have completed formal physical therapy, received clearance by their physical therapist & physician to advance into the Bridge Program.

*Physical Therapy Focuses On* basic medical necessity for patients to re-gain function of their body post treatment or surgery.

*The Bridge Program Focuses On* using functional analysis to determine the best exercises that will return athletes to their advanced perfomance level.





*Bridge Program is offered at:* Beacon Summit Woods 500 E Business Way Sharonville, OH 45241 **Contact Information:** Mike Ryan, PT, DPT Email: BeaconBridge@beaconortho.com Phone: 513-389-3666 Schedule Information: Monday, Wednesday Thursday evenings. Contact for times.

Connect with us @beaconortho:



Learn more about Beacon's variety of services by visiting: www.BeaconOrtho.com

## *Our experts are there* Every Step of the Way



**MIKE RYAN**, DPT and Certified Strength and Conditioning Specialist

Mike joined Beacon in 2014 after graduating with a Doctorate in Physical Therapy and specializes in sustained lower extremity injury treatment and prevention. When he's not at our Beacon Summit location, Mike is working with athletes at Morehead State University as their lead physical therapist. As a recreational runner for over 10 years, he understands the challenges athlete's face when seeking to return to athletic play post-injury.

## Sign up for the Bridge Program today and...

» Decrease your risk of re-injury after returning to play
» Own trackable data that illustrates improvement over time
» Return to athletics safely and confidently

## Cost is just \$32.00/session...

- » Insurance only covers standard physical therapy, this program is considered sports training beyond physical therapy
- » The total number of sessions needed varies based on the injury and athlete's progress



Connect with us @beaconortho:



Learn more about Beacon's variety of services by visiting: www.BeaconOrtho.com